

- Relationships do not need to be exclusive or monogamous.
- It can be, of course, but the important part is mutually shared values, trust, and communication.
- Monogamy and exclusivity do not make relationships inherently more important or meaningful.

Relationships are not for public debate.

Only the people IN the relationship can define what it is and why it matters to them.

Friends, family, strangers, or the state do not decide or govern what relationships are real or romantic.

- Mon-romantic relationships are not less important than romantic ones.
- Romance does not devalue or deprioritize other relationships we have. Friends, family, partners, and connections of all kinds are an important part of our lives. Romance is not a necessity. There is no hierarchy to love.

**A relationship may or may not include:** sex, dating, kissing, PDA, emotional support, shared finances, co-parenting, emergency contacts, kink, shared hobbies, marriage, meeting the parents, pets, religion, home ownership, creative collaboration, etc.

It may include these in some ways and not others.

- Cohabitation, marriage, and family are choices.
- People can live together long term and raise children without being in a romantic relationship.
- People can be in a romantic relationship without ever wanting or choosing domesticity.

Despite social pressure to always be searching for that “one true love” and the millions of rules that come with it, **a relationship is simply the connection between people.** You decide what that means to you.

Relationship anarchy is the search for fulfilling, freeing, healthy, and happy connections, in any shape they take.

Find yourself frustrated  
and worn out by the  
dating scene? You're not  
alone. In our society,  
almost everyone dating  
comes from colonial power and  
property law. Not very  
romantic!

this  
could  
be love

## an introduction to relationship anarchy

